



A Better Place Leading to A Better Life

The principal ambitions of A Better Place (ABP) are to address the fundamental needs of safe housing, access to medical care, access to childcare and access to healthy food. There are hundreds of thousands of people approved for Section 8 housing, but they continue to languish while waiting for an opening. It is our aspiration to create true opportunities, so people have the chance to change their trajectory and thus the trajectory of their families. But, until basic needs are met, it is nearly impossible for anyone to focus on the education and training to move their lives forward.

Our education and coaching program, entitled A Better Life (ABL), is developed with the intention of furthering the opportunity ABP provides. ABL has a primary objective of providing our residents opportunities to make progress in their careers, financial well-being, personal development and overall mental and physical health.

To reach these ends, we provide classes and mentorship in the areas of career development and/or business development, education and training, financial literacy, community involvement, character development, parenting, relationship training and more.

Career and business development- Each resident will have a career or business coach who will assist residents in creating short and long-term goals. With the help of their coach, residents dissect goals into achievable and measurable segments. Coaches will emphasize effort and celebrate progress with the resident. Career development will include finding and completing relevant education, training and seminars. Career coaches will also assist with finding and applying for financial assistance for additional education and training programs.

Financial Health- Residents with the assistance of their mentor and educational resources will learn how to improve their credit scores, how to get out or stay out of debt, how to create an emergency fund, strategies to save and invest,

the mechanics of setting a budget and each will be given a step-by-step plan for purchasing their own home.

Personal development- Each resident will be assigned a mentor and together they will create a concise declaration outlining the resident's commitment to the discipline of constant personal growth, working on improving their life skills and personal qualities through a structured program, identifying key areas of focus for growth and the desired outcomes relevant to their personal aspirations. This includes, but is not limited to, personal character development, relational skills, habit acquisition and community service/involvement.

Mental and Physical Health Services- ABL will make mental and physical health resources readily available for all ABP residents. Each resident will have a mental and physical health plan developed with the assistance of their mentor.

This will include but not be limited to medical care, nutritional assistance, exercise plan, psychiatric services and mental health counseling.

